

Rookie Rugby is the fast-paced, fun activity for kids of all ages across Canada! Rookie Rugby introduces kids to the game of rugby where they learn new skills, build healthy bodies and minds, make new friends, and have fun. Rugby Canada offers everything you need to get started with rugby today!









STEP 1

Learn more about the game by visiting rookierugby.ca. Download everything you need including the full curriculum and promotional materials!

## STEP 2

Get in touch! Contact a local representative who can connect you with a current Rookie Rugby program or help you start one in your school or community. Visit rookierugby.ca/en/contact/today for your local contact information!

## STEP 3

Pick up the ball and run with it! Rookie rugby is perfect for schools, communities, and backyards everywhere!

What are you waiting for!?

Have questions? Contact us today! rookierugby@rugbycanada.ca