

OBJECTIVE

To work together with a partner in order to effectively track and tag attacking players.

GAME SETUP

Space Needed 15 x 15 metres
Equipment Needed Cones, Rugby Balls
Sug. Time Allocation 10 minutes
Group Size Any Group Size
 (Working in Pairs)

LTAD STAGES

FU Ages: 6-8 / Grades: 2-3

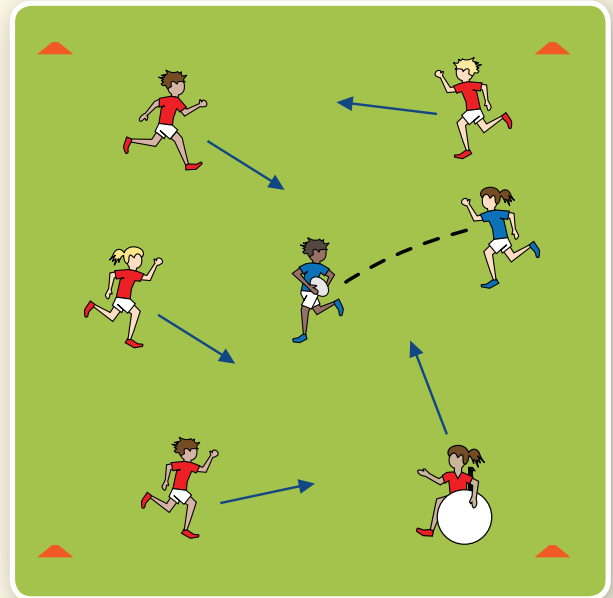
LT Ages: 9-12 / Grades: 4-7

FUNDAMENTAL MOVEMENT SKILLS

- Agility
- Coordination
- Passing
- Catching

HOW TO PLAY

- 1 Create a grid and have players pair up with a partner. Designate one pair of partners as the defensive taggers.
- 2 Defensive taggers must tag the attacking players by touching them with the ball. A defender cannot move with the ball, but can pass to his/her partner, who can move to get near an attacking player.
- 3 Passes can be in any direction. Once an attacking player is tagged, that player and their partner become the new defensive taggers.



MODIFICATIONS

- 1 If players are having trouble tagging attacking players, make the grid smaller or slow down the speed of play by having players walk.

EXTENSIONS

- 1 Start with one pair of defensive taggers and when they tag an attacking player, that player joins the defensive team. Any time a new attacking player is tagged, they join the defence. Continue the game until all attacking players are tagged.

CHECK & CORRECT

- 1 Help defensive players anticipate attacking movements by tracking a player's hips.
- 2 Communication between defensive players is key to success. Work with players to make sure they are communicating effectively.
- 3 Pressure can sometimes affect passing form. Encourage proper passing form and receiving with a 'W' target.