

RUGBY NAME GAME

OBJECTIVE

To introduce players to each other and get familiar with the rugby ball.

GAME SETUP

Space Needed 10 x 10 metres
Equipment Needed Cones, Rugby Balls
Sug. Time Allocation 5-10 minutes
Group Size Any Group Size

LTAD STAGES

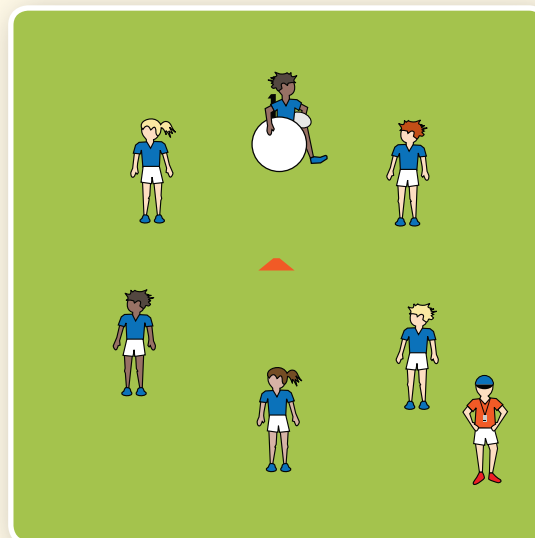
AS Ages: 5-6 / Grades: K-1

FUNDAMENTAL MOVEMENT SKILLS

- Balance
- Coordination

HOW TO PLAY

- 1 Have players start in a circle with each player having their own rugby ball. The instructor begins by saying their name and performing an action with the rugby ball.
- 2 Everyone in the circle repeats the instructor's name and the action. A player then goes next, one at a time, saying their name and picking a new action to do with the rugby ball. The group then repeats the name and repeats the action.
- 3 Continue until everyone has had a chance to say their name and perform an action. Try to have players create a unique action to avoid the same action being repeated over and over.



MODIFICATIONS

- 1 Instructors can assign actions if players are having trouble coming up with actions on their own.

EXTENSIONS

- 1 After all players have said their name and picked an action, test the group by calling out random names and seeing if the group can repeat the action for that player.

CHECK & CORRECT

- 1 There are no official skills that players are required to perform in this game. Help players get creative and ensure they are staying safe with their actions.